

Time Outwith Horses *Booking form*

Just the essentials, so we can keep your child safe and make the first visit as calm as possible.

About your child and you

Child's name		Date of birth	
Parent or carer		Telephone	
Email		Emergency contact and telephone	
Anything we should know?			

For example allergies, medical needs, or things that help your child or that they find hard.

How sessions work

- A parent or carer stays with the child throughout. Everything is done on the ground, with no riding.
- Kate leads every session and the child sets the pace. Sturdy, closed-toe footwear please.
- Our horses are calm and experienced, but horses are animals and the risk cannot be removed entirely. Kate will pause or end a session if the horse or the child becomes unsettled.
- Time Outwith Horses is a wellbeing activity. It is not therapy or medical treatment.

Photographs

You are welcome to take as many photos and videos as you like. We will not take any of your child without asking you first.

Agreement

I agree to my child taking part in Time Outwith Horses sessions, and the information above is correct.

Signed		Date	
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Outwith Horses keeps this form securely and uses it only to run sessions safely. kate@outwithhorses.com | 07717 400548